

**Bridges to
Adelphi
Program**

**World-Class
Academics.
Personalized
Learning.**

Winner of a Gold
Award and Bronze Award
for its work with students on
the autism spectrum from
the National Student Affairs
Administrators in Higher
Education.

Your Path To a Rewarding College Experience

ADELPHI
UNIVERSITY
NEW YORK

How can Adelphi help me achieve my goals?



College is a big adjustment for anyone. But if you're on the autism spectrum, or have a nonverbal or neurosocial disorder, making the move from high school to higher education can seem especially challenging.

The Bridges to Adelphi Program is designed specifically to ease that transition, offering one-on-one academic, social and vocational support services. Because Adelphi prides itself on being inclusive, the Bridges program also promotes awareness and understanding of neurosocial disorders throughout the campus community, through education, training and collaboration with University faculty, staff and students.

Bridges is a program unlike any other, and it has made Adelphi a prominent destination for students like you from all over the United States. Its personalized approach provides you with the tools to advocate for yourself, achieve academically, make new friends and embark on a career—putting you on the road to success.

How does Adelphi compare?



ONLINECOLLEGEPLAN.COM
RANKED ADELPHI

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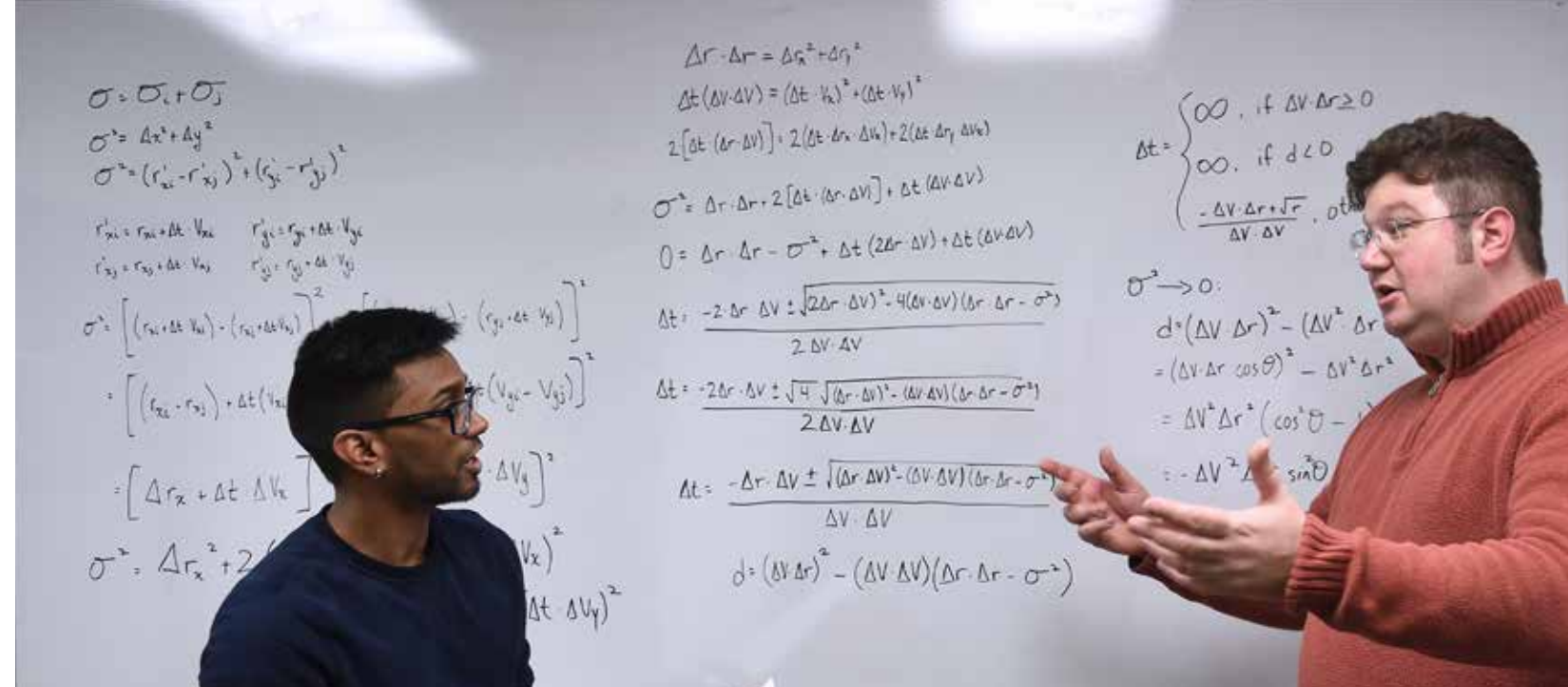
IN THE COUNTRY FOR
STUDENTS WITH AUTISM.

What kind of skills will I be learning?

While college is an exciting and transformative time, it's also a giant step into the unknown.

You'll have more academic work, meaning you'll need to develop solid time management and organizational skills. Each semester, you'll have to adjust to a schedule that changes every day. You'll also have to keep on top of exams, short- and long-term assignments, meetings and appointments.

You'll be building a whole new social life, too, meeting new people and discovering new activities. For many, college will be your first time away from home. You'll be making your own choices about what to eat and how much you sleep. But whether you're living on campus or at home, it's a different level of independence.



What if I need extra help?

Bridges to Adelphi can help smooth your path.

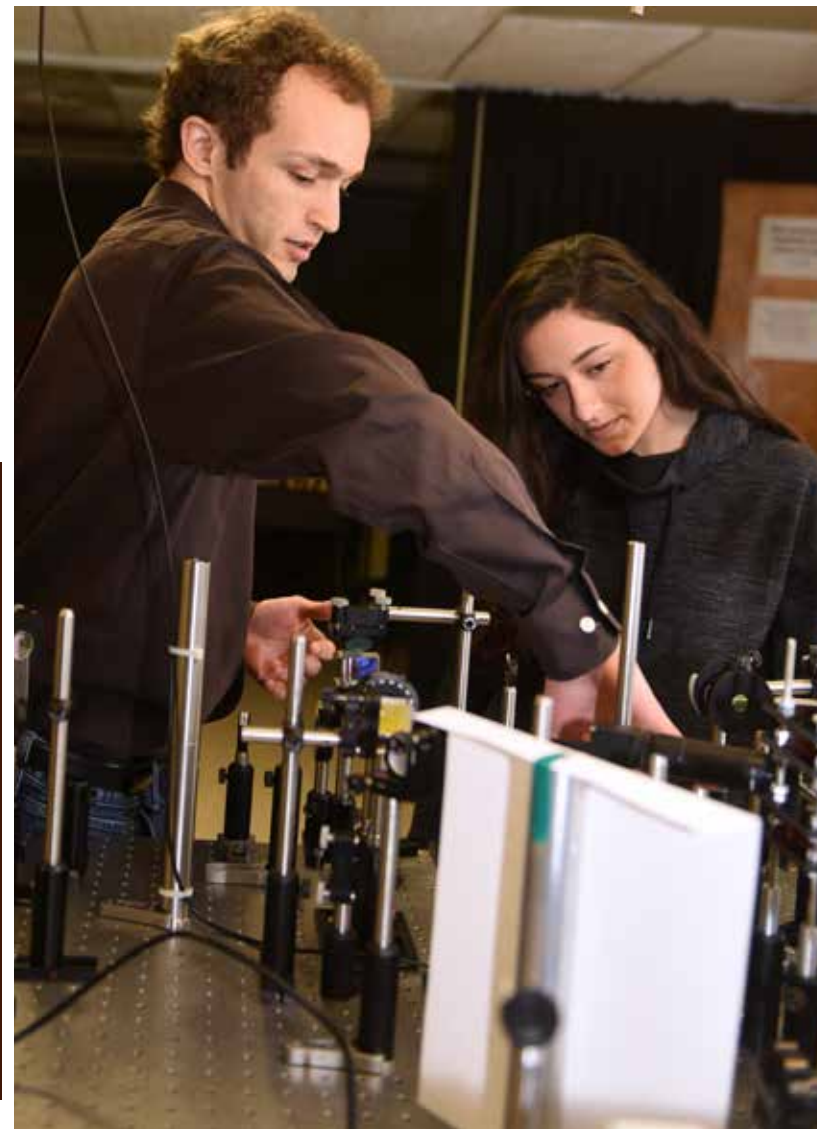
We offer individual and group services that address your anxieties and cover your concerns, so you'll never feel like you're doing it all alone. These services include:

- Academic coaching
- Learning assistance
- Problem-solving guidance
- Behavioral modeling
- Peer mentoring
- Career counseling
- Social opportunities
- Time Management

The supportive Bridges to Adelphi staff is dedicated to helping you learn the skills you need to do well on campus, in a career, and in life.

THE RETENTION RATE FOR BRIDGES STUDENTS OVER THE PAST FIVE YEARS IS

96%



“All students are individuals and part of our jobs as educators is to determine their learning styles. With the technology and know-how we have today, the potential for people having special needs leading productive and fulfilling lives can become the rule rather than the exception.”

—Stephen Shore, Ed.D., clinical assistant professor of special education, who has autism spectrum disorder

“My Bridges Team”—who are they?

Your Adelphi experience will be as unique as you are. We help by offering personalized support designed to meet your individual needs.

Each Bridges student is assigned a team—an academic coach, a learning strategist, a peer mentor and a vocational coach—who will provide one-on-one feedback to keep you on track and moving forward.

With your written consent, Bridges staff members also will be able to keep University professors and staff, and your parents, in the loop about your progress and concerns.

What can I expect?

ACADEMIC GUIDANCE

You'll meet twice a week with your academic coach and learning strategist, who will work with you to develop a personal plan with step-by-step directions on how to meet the challenges of college life. These professionals will monitor academic growth and provide ongoing planning and guidance. Depending on your goals, meetings with your academic coach and learning strategist can focus on:

- Reviewing the syllabus for each of your courses
- Time management strategies
- Building executive functioning skills
- Completing assignments on time
- Study skills
- Research and library skills
- Problem-solving techniques
- Anxiety reduction
- Interpersonal and social group meetings
- Communication skills

SOCIAL SUPPORT

You'll have the opportunity to meet every week with a student peer mentor who can help you refine your interpersonal skills, build a trusted peer relationship and get more involved with campus life. Peer mentors are usually student leaders who volunteer their time to work with Bridges to Adelphi students. You'll also be able to:

- Attend twice-weekly, open group social skills and support meetings with your fellow Bridges students
- Enjoy twice-monthly group social outings, both on and off campus, that include community service opportunities

“Bridges to Adelphi brought me into the company of other people who shared my difficulties and my interests, and I have remained friends with many of them to this day. I graduated from Adelphi with a 4.0 GPA and am now working toward a master's degree. The Bridges program enabled my success.”

—Former Bridges to Adelphi student

I have career goals.

VOCATIONAL SKILLS

Bridges is ahead of the curve in helping students like you find meaningful employment, with recent graduates landing full-time positions at companies that include Northwell Health and Enterprise Rent-A-Car. We'll put you in touch with a vocational coach, who can help you identify areas of interest and pinpoint your strengths to establish a direction for your future career. You'll also have access to:

- On-campus job opportunities to gain work experience
- Resume writing and job interview skills
- Vocational testing assessments to further guide you toward careers and majors
- Additional help from the Center for Career Professional Development

Can you help me get there?



Sound Right For You? Here's How To Get Started.

You can enroll in Bridges to Adelphi as soon as you have been formally accepted to the university. To apply, visit adelphi.edu/apply.

After receiving your acceptance, go to bridges.adelphi.edu/inquire. Fill out the online interest form to schedule an in-person meeting between you, your parent or guardian and the program director.

The cost of the program is in addition to the costs of tuition, room, board and books, as well as other university fees. To find out more, contact the Office of Student Financial Services at 516-877-3080 or visit financial-aid.adelphi.edu/tuition/fees.

For further information about the Bridges to Adelphi program, contact bridges@adelphi.edu.

We look forward to welcoming you to our community.

“Bridges to Adelphi has helped our son mature and develop socially. He came from a high school program with significant academic support, but not very much of the social support that is critical for the less structured environment of college. He is now more self-assured and has developed strong interpersonal relationships with students who have common interests.”

—Bridges to Adelphi parent



“I was always curious about what's happening around the world and current events. Most of all, I like learning about different cultures...(At Adelphi), I have learned about what's expected of me in the future and the career path that I wish to take.”

—Bridges student Pedro Izquierdo '17,
International Studies major

Your next step? Apply today.



Email: admissions@adelphi.edu

Call: 800.ADELPHI

Visit: adelphi.edu/visit

Apply: adelphi.edu/apply

SAFETY FIRST

Colleges and universities are required under federal law to publish and make available an annual campus security report, which includes, among other information, statistics on campus crime. The crime statistics for all colleges and universities required to comply with this law are available from the United States Department of Education.

Adelphi University's annual security report includes statistics for the previous three years concerning reported crimes that occurred on campus; in certain off-campus buildings or property owned or controlled by Adelphi University; and on public property within, or immediately adjacent to and accessible from, the campus.

The report also includes institutional policies concerning campus security, such as policies concerning alcohol and drug use, crime prevention, the reporting of crimes, sexual assault, emergency response plan, timely warnings, fire statistics, missing students and other matters. The advisory committee on campus safety will provide upon request all campus crime statistics as reported to the United States Department of Education. You may obtain a copy of this report by contacting the Department of Public Safety and Transportation, Levermore Hall, lower level, 516.877.3500 or by accessing administration. adelphi.edu/publicsafety.

The United States Department of Education's website for campus crime statistics is ope.ed.gov/security. As a reminder, the back of any Adelphi University ID card provides you with weather advisory and alert numbers to obtain information on any possible delayed openings or school closings. To register for the University Mass Notification System, log on to eCampus (ecampus.adelphi.edu) and click on University Mass Notification System.

ACCREDITATION

Adelphi University, an independent, comprehensive institution, is chartered by the University of the State of New York, and is accredited by the Middle States Association of Colleges and Schools, 3624 Market Street, Philadelphia, PA 19104-2680, 215.684.5000; the New York State Education Department, 89 Washington Avenue, Albany, NY 12234, 518.474.3852; the Commission on Collegiate Nursing Education, One Dupont Circle, NW, Suite 530, Washington, D.C. 20036, 202.887.6791; the American Speech-Language-Hearing Association, 2200 Research Blvd., Rockville, MD 20850-3289, 800.638.8255; the Council on Social Work Education, 1701 Duke Street, Suite 200, Alexandria, VA 22314, 703.683.8080; the National Council for Accreditation of Teacher Education (NCATE), 2010 Massachusetts Ave, NW, Suite 500, Washington, D.C. 20036-1023, 202.466.7496; and AACSB International—The Association to Advance Collegiate Schools of Business, 777 South Harbor Island Blvd., Suite 750, Tampa, FL 33602-5730, 813.769.6500.

EQUAL OPPORTUNITY AND NOTICE OF NONDISCRIMINATION

Adelphi University is committed to extending equal opportunity in employment and educational programs and activities to all qualified individuals and does not discriminate on the basis of race, religion, age, color, creed, sex, marital status, sexual orientation, ethnicity, national origin, disability, genetic predisposition or carrier status, veteran status, status as a disabled or Vietnam-era veteran, gender expression, or any other basis protected by applicable local, state or federal laws. Adelphi University does not discriminate on the basis of sex or gender in any education program or activity it operates as required by Title IX. All questions regarding Title IX should be referred to Title IX Coordinator and Director of Equity and Compliance Rhonnie Jaus, Room 203, Levermore Hall, 516.877.4819, titleix@adelphi.edu. The discrimination coordinator for student concerns pursuant to Section 504 of the Rehabilitation Act of 1973 is Rosemary Garabedian, Director of the Student Access Office, Post Hall, 516.877.3145, sao@adelphi.edu; the discrimination coordinator for employee concerns pursuant to Section 504 of the Rehabilitation Act of 1973 is Jane Fisher, Director of Employment, Employee and Labor Relations, Room 203, Levermore Hall, 516.877.3222; the coordinator of Title VII and the affirmative action officer is Lisa S. Araujo, Associate Vice President for Human Resources and Labor Relations, Room 203, Levermore Hall, 516.877.3230.

“The students that I work with have been judged by their diagnosis for their whole lives, and they’re far more than that.”

— Mitch Nagler, M.A., LMHC, director of the Bridges to Adelphi program

ADELPHI UNIVERSITY



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